



## Dr. Thomas Verghese

MBBCh MRCPsych PGCertMedEd

NHS Psychiatrist working within a Crisis Response and Home Treatment Team

Associate Clinical Teacher; Liverpool University School of Medicine

AIM-For Psychiatrist, working with elite athletes

CEO and Founder of TrustedPsych.co.uk

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### 10 Years

Experience in the field of psychiatry

### 9 Years Medico-Legal Experience

Experience completing psychiatric reports

Dr. Thomas Verghese is an award-winning General Adult psychiatrist and educator who brings his NHS clinical expertise to the classroom as an Associate Teacher at the University of Liverpool. His passion for medical education shines through, from receiving a PGCert in Medical Education at Harvard Medical School to winning St George's University Undergraduate teaching award in 2016. Before starting TrustedPsych he acted as medical advisor in the development and delivery of COG, an ADHD platform and app through which assessments can be booked. Additional experience in prison assessments, as well as in preparing medical reports and delivering medical evidence at Mental Health Review Tribunals, having previously worked as a consultant Psychiatrist in the inpatient setting.

## Education

Cardiff University (2007-2012) MBChB

South West London & St Georges' (2014-2018) MRCPsych

Harvard Medical School - Training to Teach in Medicine (Nov 22 - July 23) PGCert Med Ed

## Prizes

2021 Nominated for SWLSTG Trust Unsung Hero of the Year

2017 St George's University MBBS Undergraduate Excellent Teachers Award 2015/2016

2012 Julian Hodges Elective Prize Fund - For an elective period course of study/research either at home or abroad

2012 Dr John Swaffield Prize - For a clinical medical student doing an elective course of study at home or abroad

## Employment

**ST4 in General Adult Psychiatry - Mersey Care Crisis Team &**

**Associate Clinical Teacher; Liverpool University School of Medicine**

2nd February 2023 - Present

**Acting consultant - South West London & St George's Mental Health Trust (Ellis ward)**

1st December 2021 - 1st February 2023

**Associate Specialist: South West London & St George's Mental Health Trust (Ellis ward)**

3rd February 2021 - 1st December 2021

**Associate Specialist/'acting-up - South West London & St George's Mental Health Trust**

12th December 2020 - 3rd February 2021 (Jupiter ward)

**Associate Specialist - East London Mental Health Trust**

12th November 2020 - 12th December 2020 (Home Treatment Team)

**Associate Specialist - SLAM**

August 2020 - November 2020 (inpatient)

**Associate Specialist - East London Mental Health Trust**

June 2019 - August 2020 (PICU inpatient/outpatient)

**Associate Specialist - South West London & St George's Mental Health Trust**

April 2019 - June 2019 CAMHS (inpatient)

**Associate Specialist - West London Mental Health Trust**

August 18 - April 2019 Old Age Psych (inpatient)

**CT3+ Psychiatry - SWLSTG Mental Health Trust**

Feb 18 - August 18 Forensic Medium Secure unit

**CT3+ Psychiatry - SWLSTG Mental Health Trust**

August 17 - Feb 18 Recovery and Support Team

**CT3 Psychiatry - SWLSTG Mental Health Trust**

Feb 17 - July 17 Early Intervention Service

**CT3 Psychiatry - SWLSTG Mental Health Trust**

August 16 - Feb 17 HTT

**CT2 Psychiatry - SWLSTG Mental Health Trust**

Feb 16 - July 16 CAMHS

**CT2 Psychiatry - SWLSTG Mental Health Trust**

Aug 15 - Feb 16 Rehabilitation Psychiatry

**CT1 Psychiatry - SWLSTG Mental Health Trust**

Feb 15 - Aug 15 Old Age Psychiatry

Aug 14 - Feb 15 General Adult Psychiatry

**FY 2 - Western Sussex Hospitals/Sussex Partnership NHS Trust**

Apr 14 - Aug 14 General Practice

Dec 13 - Apr 14 Old Age Psychiatry

Aug 13 - Dec 13 Respiratory Medicine

**FY1 - Epsom & St Helier's University Hospital NHS Trust**

Apr 13 - Aug 13 Palliative Medicine

Dec 12 - Apr 13 Acute Medical Unit

Aug 12 - Dec 12 Urology

**Extra-Curricular**

I have co-founded an app and wellbeing space for individuals with ADHD (Cog). We are currently in the beta testing phase, but have 8000 sign-ups across all channels. I am CEO and Founder of [TrustedPsych.co.uk](https://www.TrustedPsych.co.uk), providing psychiatric assessment reports legal firms, not only delivered by myself, but by a team of psychiatrists with the relevant clinical experience and expertise to a wide variety of legal cases

## **Work With Elite Athletes**

2023 - ongoing: I work in an educational capacity with AIM-For, a med-tech company working with elite athletes and coaches around mental performance. My role is as the MDT psychiatrist.

We are currently working with Lancashire Cricket Club.

2008-2011: Student Doctor with the Welsh National Football team, under the supervision of Dr Mark Ridgewell

2009: Audit data collection for/with Dr Karen Evans (Worcester Ladies rugby player/doctor)

2007-2008: Student Doctor with Cardiff City Football Club, under the supervision of Lee Connolly (head physio)

## **Research**

2023: Ongoing research project with Liverpool Football Therapy

2021-2022: Primary Investigator for a Trust led study (SWLSTG) on pharmacogenetics in Mental Health

2022: Department of Health and Social Care team developing Advance Choice Documents for people detained under the mental health act (MHA)

## **Teaching**

2023: Associate Clinical Teacher; Liverpool University School of Medicine

2022: St George's University OSCE teaching, acting as an examiner for OSCE stations and Q&A sessions

2016-2018: Seminar group facilitation with P-year students at St George's University