

# *Chiropractic Expert Witness Services*

142, Sherborne Road, Yeovil BA21 4HQ

Tel: + 0044 (0)1935 423138 Fax: + 0044 (0)1935 424983

myoung@chiropracticexpertwitness.co.uk

**www.chiropracticexpertwitness.co.uk**

VAT Reg No. 158 3785 68

# CURRICULUM VITAE

MARTIN FERRIER YOUNG

BSc (Hons), BSc (Dist), MPhil, DC, FRCC (Ord, Pain), FRSM, FBCA, FEAC, MEWI

2 March 2023



## Education

2003 - 2011	<b>Master of Philosophy, University of Glamorgan (part-time)</b>
1992 - 1996	<b>Bachelor of Science with Distinction (Chiropractic), Anglo-European College of Chiropractic (University of Portsmouth)</b>
1980 - 1984	<b>Bachelor of Science with Honours (Physics), University of Nottingham</b>
1971 - 1979	GCSE Advanced Level (Mathematics, Physics, Chemistry) GCSE Ordinary Level (Mathematics, English Literature, English Language, Physics, Chemistry, Biology, French, German, History). Wymondham College CGS, Norfolk
1966 - 1971	Redgrave and Botesdale County Primary School, Suffolk
1964 - 1966	Entry House Pre-preparatory School, Diss, Norfolk
2020	Level 2 Qualification in Mental Health Awareness
2021	Mental Health First Aid Qualification
2022	First Aid CPR update

## Appointments

1977 -	<b>Writer, Author and Editor</b>
2018 -	<b>Clinical Director, Chiropractic Care Clinics</b>
1998 - 2018	<b>Partner, Yeovil Chiropractic Clinic Group</b>
2011 - 2016	<b>External Examiner, Anglo-European College of Chiropractic (Bournemouth University)</b>
2012 -	<b>Owner, Chiropractic Expert Witness Services</b>
2007 - 2009	<b>National Institute for Health and Clinical Excellence Low Back Pain Advisory Panel</b>
2003 - 2013	<b>Editor-in-Chief, <i>Clinical Chiropractic</i></b>
2000 - 2004	<b>Director of Pre-clinical Sciences, McTimoney College of Chiropractic, Abingdon</b>
1999 - 2002	<b>Member of the BCA Peer Review Panel</b>
1996 - 1998	<b>Associate Chiropractor, Norwich Chiropractic Clinic Group</b>
1995 - 2003	<b>Editor-in-Chief, <i>British Journal of Chiropractic</i></b>
1992 - 1996	<b>Lecturer in Biophysics, Anglo-European College of Chiropractic (University of Portsmouth)</b>
1986 - 1989	International Business Manager, Trevor J. James & Co, Musical Woodwind Specialists, Maidstone
1983 - 1986	Senior Retail Manager, Thresher & Co (Nottingham, Windsor)
1977 - 1981	Freelance Journalist retained by World Media Ltd (East Anglia)

## Professional Accreditation

2017 -	Secretary of the Royal College of Chiropractors Specialist Pain Faculty
2016 -	Fellow of the European Academy of Chiropractic
2013 -	Fellow of the British Chiropractic Association
2013 -	Fellow of the Royal College of Chiropractors Specialist Pain Faculty
2013 -	Fellow of the Royal Society of Medicine
1999 -	Fellow of the Royal College of Chiropractors
1999 -	Member of the Expert Witness Institute
1999 -	Registrant of the General Chiropractic Council
1998 - 2004	Chairman of the Board of Electors, Society of Chiropractic Expert Witnesses
1997 -	Member of the European Chiropractors' Union
1996 - 2013	Member of the British Chiropractic Association
1996 - 2006	Member of the Sacro-Occipital Technique Organisation (Europe)

## Awards and Honours

2013	Royal College of Chiropractors' President's Award
2009	Royal College of Chiropractors' President's Award

## Publications

### Books

Young MF. (2007) Foreword. In: Aldred EM, ed. A guide to starting your own complementary therapy practice. Edinburgh: Churchill Livingstone Elsevier; vii-viii.

Young, MF. (2010). Essential Physics for Manual Medicine. Edinburgh, Elsevier Churchill Livingstone.

Wessely, M. and Young, MF. (2011). Essential Musculoskeletal MRI: A Primer for the Clinician. Edinburgh, Elsevier Churchill Livingstone.

## Articles

Young MF. To begin at the beginning [editorial]. *Br J Chiropractic* 1997; 1(1):1.

Young MF. Evidence for the defence [editorial]. *Br J Chiropractic* 1997; 1(2): 10.

Young MF. Publish or be damned. *Br J Chiropractic* 1997; 1(2): 11&13.

Courtis G, Young MF. Chiropractic management of idiopathic secondary amenorrhœa: a review of two cases. *Br J Chiropractic* 1998; 2(1): 12-4.

Young MF. The self importance of being Ernst [editorial]. *Br J Chiropractic* 1998; 2(2): 19.

Young MF, McCarthy PW. Effect of acupuncture stimulation of the auricular sympathetic point on evoked sudomotor response. *J Altern & Complement Med* 1998; 4(1): 29-38.

Young MF. A long hard look at yourself [editorial]. *Br J Chiropractic* 1999; 3(1): 2.

Young MF, Thiel H, Thorkeldsen A. Fracture of the lateral mass of the atlas: a case report and literature review. *Br J Chiropractic* 1999; 3(3): 56-8.

Young MF. The write stuff [editorial]. *Clin Chiropractic* 2003; 6(3-4): 89-91.

Young MF. Writing for the peer-reviewed biomedical literature: Part I. The why and the wherefore. *Clin Chiropractic* 2003; 6(3-4): 144-50.

Young MF, Bolton J, Young A. Pushing back the frontiers, pushing back the boundaries: a new journal, a new paradigm. [editorial]. *Clin Chiropractic* 2003; 6(1): 5-7.

Young MF. Why don't you write me? [editorial]. *Clin Chiropractic* 2004; 7(1): 1-2.

Young MF. Writing for the biomedical literature. Part II: the how and the when. *Clin Chiropractic* 2004; 7(2): 90-9.

- Young MF. A call for papers; a call to arms. *Clin Chiropractic* 2004; **7**(4): 160-1.
- Young MF. A breath of fresh air. *Clin Chiropractic* 2005; **8**(3): 111-2.
- Dimmick KR, Young MF, Newell D. Chiropractic manipulation affects the difference between arterial systolic blood pressures on the left and right in normotensive subjects. *J Manip Physiol Therap*, 2006; **29**(1): 46-50.
- Young MF. The chill wind of change. *Clin Chiropractic* 2006; **9**(3): 107-8.
- Young MF. Time to bite the bullet. *Clin Chiropractic* 2006; **9**(2): 55-6.
- Young MF. Prizing our achievements. *Clin Chiropractic* 2006; **9**(1): 3.
- Young MF, Wessely M. Geriatric low back pain: presentation. *Clin Chiropractic* 2006; **9**(3): 109-11.
- Young MF, Wessely M. Geriatric low back pain: discussion. *Clin Chiropractic* 2006; **9**(3): 160-4.
- Young MF. A case in point. *Clin Chiropractic* 2007; **10**(3): 111-2.
- Young MF. Underground resistance. *Clin Chiropractic* 2007; **10**(4): 175-6.
- Wessely M, Young MF. Magnetic resonance imaging of the temporomandibular joint. *Clin Chiropractic* 2008; **11**(1): 37-44.
- Young MF. Landmarks and milestones. *Clin Chiropractic* 2008; **11**(1): 1.
- Young MF. Methological madness. *Clin Chiropractic* 2008; **11**(4): 171-2.
- Young MF. Admirable achievements. *Clin Chiropractic* 2008; **11**(2): 55.
- Young MF. Happy birthday to us! [editorial]. *Clin Chiropractic* 2009; **12**(1): 1-2.
- Young MF, McCarthy PW, King S. Chiropractic manual intervention in chronic adult dyspepsia. *Eur J Gastroenterol Hepatol* 2009; **21**(4): 482-3.

Young MF, McCarthy PW, King SK. Clinical roundup: how do you treat gastroesophageal reflux disease in your practice - chiropractic. *Altern Complement Ther* 2009; **15**(1): 37-8.

Young MF, McCarthy PW, King SK. Chiropractic manual intervention in chronic adult dyspepsia: A pilot study. *Clin Chiropractic* 2009; **12**(1): 28-34.

Young MF. Humpty Dumpty chiropractic. *Clin Chiropractic* 2010; **13**(3): 197-8.

Young MF. Matters of life and death. *Clin Chiropractic* 2010; **13**(4): 243.

Young MF. Evidence-based balderdash. *Clin Chiropractic* 2010; **13**(2): 141-2.

Young MF. Proceeding in the right direction. *Clin Chiropractic* 2010; **13**(1): 1.

Young MF. Hugh Gemmell 1953-2010. *Clin Chiropractic* 2011; **14**(1): 3.

Young MF. Conference Call. *Clin Chiropractic* 2011; **14**(1): 3.

Young MF. Why does chiropractic work. *Clin Chiropractic* 2011; **14**(3): 83-4.

Young MF. A fond farewell. *Clin Chiropractic* 2012; **12**(3-4): 102-4.

Young MF. Going pear-shaped. *Asia-Pac Chiropr J* 2020; **1**(1): 3-5.

## Conference Papers

Young MF. Medico-legal reporting. McTimoney Chiropractic Association Conference. Abingdon, Oxon, UK; 1999.

Young MF. Case report writing. College of Chiropractors Pre-Registration Training Scheme National Seminar; Birmingham, UK; 2000.

Young MF. Writing for the biomedical literature. College of Chiropractors Pre-Registration Training Scheme National Seminar; Nottingham, UK; 2002.

Bolton J, O'Neill D, Young MF. Chiropractic and research in the UK. British Chiropractic Association Spring Conference; Bournemouth, UK; 2003.

Bolton J, O'Neill D, Young MF. Chiropractic research: doing it, finding it, flaunting it. European Chiropractors' Union conference: Chiropractic, facts and myths; Helsinki, Finland; 2004.

Young MF, McCarthy PW, King SK. Heartburn and chiropractic: the acid test? First College of Chiropractors' Research Conference. BMA House, London; 2006.

Young MF, McCarthy PW, King SK. Chiropractic management of heartburn, dyspepsia and reflux in chronically symptomatic adults. Chiropractic Evidence; London; 2011.

Young MF, McCarthy PW, King SK. Chiropractic management of chronic heartburn, dyspepsia and reflux in chronically symptomatic adults. Chiropractic Evidence. Royal College of Obstetricians and Gynaecologists; 2011.

Young MF, McCarthy PW, King SK. Effect of dietary and lifestyle advice in addition to spinal manipulation for adult patients with chronic symptoms of heartburn, dyspepsia or reflux. Chiropractic Evidence. Royal College of Obstetricians and Gynaecologists; 2011.

## Professional Experience

Despite my extensive teaching, research and professional commitments, I have been in continuous clinical practice since 1995, during which time I have treated over 10,000 individual patients and undertaken over 160,000 consultations. I treat, on average, approximately 130 patients per week.

My undergraduate training included a variety of chiropractic techniques including Diversified, Thompson Drop, Activator, Logan Basic, Gonstead, Toggle and Medical Acupuncture (Myofascial Dry-Needling). I have since attended post-graduate courses on Sacro-occipital technique and Applied Kinesiology (Goodheart Technique) and have undertaken continuing professional development in order to better understand other chiropractic techniques including Advanced Biostructural Correction, Chiropractic Biophysics and Neuroemotional Technique and Bowen Therapy.

I have completed over 3,500 hours of continuing professional development covering all aspects of professional editing and writing; clinical practice and

governance; research and ethics; radiology and radiography; and medicolegal practice; and have attended formal courses provided by Professional Solutions, Bond Solon and The Expert Witness Institute covering Basic Law; Courtroom Skills and Cross Examination; Duties of an Expert; Excellence in Report Writing; and Joint Expert Meetings. In addition, I have attended advanced masterclasses and specific courses relating to the Woolf and Jackson reforms.

## Instructions

I have accepted instructions on over 600 occasions in matters pertaining to both personal injury, and in negligence and malpractice, on which I have focused my expert witness practice in the last nineteen years. These include criminal and civil cases, which has involved giving oral evidence in court (details of all the instructing firms can be found on my website at [www.chiropracticexpertwitness.co.uk](http://www.chiropracticexpertwitness.co.uk)), and fitness to practise cases, where I have given professional opinions and sworn testimony to the Investigating and Professional Conduct Committees of the General Chiropractic Council on over 85 occasions, receiving my instructions in respect of cases referred to the Professional Conduct Committee from both the Council and its Registrants in roughly equal measure.

## Personal Information

I was born in Hamilton, Bermuda on 27 June 1961 and emigrated to the United Kingdom as a young child. I hold a full British Passport and Driving Licence.

I am married with three children and live and practise in the South West of England.