

# ERNEST JOHN SINAR

## *CONSULTANT NEUROSURGEON*

7 St Albans Close, Oakham, Rutland LE15 6EW

Telephone No 01572 724972

Email. medipinion@yahoo.com

Nationality - British

### Professional Qualifications

MBChB	1977	University of Manchester
FRCS	1981	Royal College of Surgeons of Edinburgh

### Previous Appointments

Consultant Neurosurgeon to  
The Golden Jubilee Spinal Injuries  
Unit at The James Cook University  
Hospital Middlesbrough

Consultant Neurosurgeon,  
The James Cook University Hospital  
Middlesbrough

### Consulting Rooms

North East  
East Midlands

### Clinical Experience

After qualifying in 1977 I worked as House Officer at the Royal Albert Edward Infirmary in Wigan. During this time I gained experience in general surgery, trauma, orthopaedics and medicine.

In 1978 I was appointed Lecturer in Anatomy to the University of Glasgow and also Clinical Assistant in Accident and Emergency, Trauma and Orthopaedics at Glasgow Royal Infirmary. During this time I gained further valuable experience in trauma and orthopaedics.

After leaving Glasgow in 1978 I was then successful in obtaining a post in Accident and Emergency, Trauma and Orthopaedics at Manchester Royal Infirmary gaining further experience.

From 1980 until my appointment as a Consultant in 1989, I gained further experience in general surgery, trauma and neurosurgery with a special interest in spinal surgery.

I have been in full time neurosurgical practice as a Consultant since 1 April 1989 and worked at the James Cook University Hospital in Middlesbrough. I am responsible for dealing with neurosurgical conditions ranging from cerebral tumour, intra-cerebral haemorrhage/stroke, spinal degenerative disease and severe spinal trauma.

During my training I was involved in research into intra-cerebral haemorrhage and methods of preventing subsequent damage using the calcium antagonist Nimodipine.

In addition to my general neurosurgical practice I also provided a neurosurgical service to the Golden Jubilee Spinal Injuries Unit based at the James Cook University Hospital and deal with all manner of spinal trauma from minor injuries to complex trauma.

I would routinely see approximately fifteen hundred NHS patients per annum in my out-patient clinics, the majority of whom have spinal conditions. In addition I see approximately five hundred patients per annum for purposes of medical reports, the majority of whom have suffered a whiplash injury/back injury. I run a Whiplash Injury Service and a Fast Track Spinal Service for patients with spinal problems.

I was one of five consultants who ran the North of England Spinal Injuries Unit providing expertise in the management of spinal injuries from the entire northern region encompassing Teesside, County Durham, North Yorkshire, Northumberland and Cumbria. I am also responsible for the supervision and training of orthopaedic and neurosurgical trainees who wish to specialise in spinal surgery.

### **Medico-Legal Experience**

Over the past twentyseven years I have gained extensive experience in the preparation of medico-legal reports for both Claimants and Defendants. I examine and prepare reports on approximately ten to twelve patients per week and provide an unbiased opinion. I am pleased to say that the vast majority of my reports in the past have been agreed without the need to proceed to a hearing.

I have attended appropriate training courses following the recent changes in civil litigation and am fully trained as a single joint expert in report writing and also I have extensive experience in giving evidence in Court. Since April 1999 the majority of my new instructions have been on the basis of a single/joint expert with a Claimant/Defendant ratio of 60/40

I am also used as an expert witness in criminal cases and over the years have been involved in murder trials both as a witness for the prosecution and defence.

I accept instructions from Claimants' and Defendants' solicitors for purposes of medical negligence claims.

I am available for consultation by telephone and am prepared to give initial advice free of charge. I am also prepared to help with the recommendation of other experts if the instructions are beyond my field of expertise or the claimant lives outside the area.

### **Previous Appointments**

1 August 1977 - 31 July 1978

Pre-Registration House Officer in  
Surgery, Trauma, Orthopaedics and  
Medicine  
Royal Albert Edward Infirmary, Wigan

1 August 1978 - 31 July 1979	Lecturer in Anatomy, University of Glasgow
	Clinical Assistant Accident and Emergency, Trauma and Orthopaedics Glasgow Royal Infirmary
1 August 1979 - 31 January 1980	Senior House Officer Accident and Emergency, Trauma and Orthopaedics at Manchester Royal Infirmary
1 February 1980 - 31 March 1982	Registrar in General Surgery / Trauma/ Neurosurgery and Spinal Surgery United Liverpool Hospitals
1 April 1982 - 31 December 1984	Registrar in Neurosurgery, Spinal Surgery and Trauma Royal Free Hospital and Central Middlesex Hospitals London.
1 January 1985 - 30 September 1986.	Lecturer in Neurosurgery University of Glasgow.
1 October 1986 - 31 March 1989	Senior Registrar in Neurosurgery and Spinal Surgery/Trauma Newcastle General Hospital

### **Membership of Professional Societies**

Royal College of Surgeons of Edinburgh  
British Medical Association

### **Teaching Commitments**

Clinical teaching to medical students and nurses  
Training of spinal surgeons and neurosurgical trainees

### **Special Clinical Interests**

Diseases of the Spinal Column, Spinal Injuries and Head Injury.

GMC 2381431

MDU 244653D