

Curriculum Vitae - Dr Agnieszka Klimowicz, MD, PhD

NHS work: North London Partners Specialist Perinatal Mental Health Service
Camden and Islington NHS Foundation Trust

Private practice: The London Psychiatry Centre,
72 Harley Street,
London
W1G 7HG

Chelsea Psychology Clinic
45 Pont Street,
London,
SW1X 0AD

Medico-legal practice: 10 Harley Street
London,
W1G 9PF

Email (for MEDICOLEGAL enquiries): medicolegal@yourmentalwellbeing.co.uk

GMC registration Full, Specialist Registration, No: 6042662

Education and Professional Qualifications:

- 2021 – standard EMDR Europe Accredited Training (Certificate ID: A9TIUO-CE000024)
- 2014 European Association for Psychotherapy, Certificate in Psychotherapy (recognition of formerly gained qualifications)
- 2005 Approved under Section 12(2) of the Mental Health Act 1983
- 2004 Specialist Psychiatrist, Poland (the equivalent of CCT)
- 2003 Certificate in Psychotherapy, the Polish Psychiatric Association, Poland (recognized by the European Association for Psychotherapy)
- 2002 PhD, Jagiellonian University, Krakow, Poland
Title of the dissertation: 'Symptom Changes Versus Personality Changes After Psychotherapy in Patients with Anxiety and Somatization Disorders.'
- 1999 1st Degree Specialization in Psychiatry, Poland
- 1996 MD, the Medical Faculty of the Jagiellonian University in Krakow, Poland

Memberships of Professional Bodies:

- Specialist Associate of the Royal College of Psychiatrists, Member of Perinatal Psychiatry Faculty, Liaison Psychiatry Faculty, Children and Adolescent Faculty, Occupational Psychiatry SIG, and Medical Psychotherapy Faculty.
- Member of the Polish Psychiatric Association (since 1998) and the Scientific Section of Psychotherapy of The Polish Psychiatric Association (since 1998)
- European Association for Psychotherapy
- EMDR Association UK
- Marce Society

NHS - Professional experience:

2005 - ongoing	Private practice in General Adult Psychiatry and Psychotherapy
2010- ongoing	Consultant in Perinatal Psychiatry, NHS
2016 - 2017	Perinatal Mental Health Clinical Lead with South East Clinical Networks Mental Health and Dementia, NHS England

2005 - 2010	Locum Consultant Psychiatrist
2009	Consultant in Perinatal Psychiatry (Locum), Newham Perinatal Mental Health Team; ELF NHS Trust
2004 - 2006	Staff Grade Doctor, NHS

1997- 2004	Psychiatry and psychotherapy training (Dept for the Treatment of Personality Disorders in the Babinski Memorial Hospital in Krakow, Poland; the Day Ward of the Clinic for the Treatment of Neurotic and Behavioural Disorders at the Jagiellonian University Hospital, Krakow, Poland) 2001-2002: Psychiatrist at the Psycho-Neurological Clinic for Children and Adolescents in Krakow, Poland
1996 - 1997	Postgraduate general medical training in Rydygier Memorial Multi-Specialist Hospital, Krakow, Poland

Medico-legal experience:

I have been providing psychiatric reports for the courts, for civil, family, and criminal matters, since 2005. In addition, I contribute to child protection meetings.

My expertise is in adult mental health, including women's mental health, perinatal (antenatal and postnatal) mental health, parental mental health problems, including depression, anxiety disorders, personality disorders, post-traumatic stress disorder, schizophrenia, bipolar affective disorder, schizoaffective disorder.

I have completed a medico-legal training: 'Writing for Court – Ensuring Quality and Effectiveness.' I attended a few refreshers for expert witnesses over the years, the last one in Sept 2020.

I am aware of the requirements of Part 35 and Practice Direction 35, the Protocol for the Instruction of Experts to Give Evidence in Civil Claims and the practice direction on pre-action conduct.

I am familiar with The Family Procedure Rules 2010 and Practice Direction 25A, and I completed Bond Solon FPR for Expert Witnesses Certificate.

Research, Publications and Presentations:

1. Bierzynski, A. Klimowicz, A. Cieslik: Undergraduate psychotherapy teaching.
In: The Application of Psychotherapy – the Diary of the VIII State Symposium of the Scientific Section of Psychotherapy of the Polish Psychiatric Association. Bialystok 1998
2. Sikora G., Klimowicz A.: Mental state of chronic renal failure patients treated with repeated dialysis. In: Europe, the XXI Century: Psychotherapy hand-in-hand with pharmacotherapy.
The 2nd European Conference on Psychotherapy. The book of abstracts. AEP Barcelona 1999
3. Sikora G., Klimowicz A.: Sexual dysfunction in chronic renal failure patients treated with repeated dialysis. In: The 2nd International Conference on the Synthesis between Psychopharmacotherapy and Psychotherapy. Abstracts. University of Geneva -Tel Aviv University-EPA-WPA. Geneva, 1999.
4. Sikora G., Klimowicz A.: Depressive disorders and anxiety disorders in patients dialyzed due to chronic renal insufficiency. In: European Psychiatry: Growing Together in Diversity - 10th Congress of the Association of European Psychiatrists; European Psychiatry; October 2000, Vol.15- Suppl., p.442s.
5. Klimowicz A.: The comparison of the personality of anxiety disorder patients and somatization disorder patients before and after psychotherapy; *Psychiatria Polska* 2003, 2: 225-234.
6. Klimowicz A.: Seeking the specific connections between personality changes and symptom changes in somatization disorders and anxiety disorders – a comparative study; *Psychiatria Polska* 2003, 2: 235-246.
7. Klimowicz-Sikora A., Sikora G., Puk B.: Eating disorder as a symptom – the psychoanalytic perspective; Lecture on the 2nd Krakow Conference on Eating Disorders – 'Around the treatment of Anorexia and Bulimia Nervosa – Approaches, Methods, Techniques, 7th May 2004.
8. Klimowicz-Sikora A.: 'About psychoanalytical treatment for the patients with personality disorders, the XLI Scientific Symposium of the Polish Psychiatrists, the Polish Psychiatric Association; *Psychiatria Polska* suppl. 2004, 3:119.
9. Klimowicz-Sikora A: Parent-infant psychotherapy; chapter in: 'The Concept of Attachment - From Theory to Practice', Eds: B. Józefik and G. Iniewicz, WUJ Krakow 2008.
10. Klimowicz-Sikora A.: Organization of Perinatal Mental Health Services in Great Britain – Invited Lecture, Dept of Psychiatry, Krakow, Poland, February 2012.
11. Klimowicz A., Miele M.: Ethical and legal issues in managing mental illness in pregnancy and after delivery – presentation at 34th International Congress of Law and Mental Health, Vienna, July 2015.
12. Participant of the Expert Panel of the DMM Integrative Treatment Forum; The 4th International Conference of IASA: 'Attachment and Treatment'; Miami, Florida, November 2015.

13. Klimowicz A., Yousif M – 'Assessment of Complex Cases'- presentation as a part of the one-day seminar: "The Mother in Mind", Improving services for mothers with complex mental health problems; International Association for Forensic Psychotherapy, Oxford; December 2015.
14. Klimowicz A., Best E: 'Severe perinatal mental health difficulties' in: 'Postnatal Depression and Maternal Mental Health - a handbook for front-line caregivers working with women with perinatal mental health difficulties' Ed by S. Gellhorn; Pavilion 2016.
15. Keynote Lecture: 'Psychotic and non-psychotic perinatal mental health problems at the conference 'Perinatal Mental Health' organized by South Bank University; London, September 2016.
16. Lecture: 'Aggression and the childbirth – DMM approach' - at the Conference: 'Nature and Culture – Psychotherapy and Aggression in the Modern World', organized by Three Sections of Psychotherapy within the Polish Psychological Association and the Polish Psychiatric Association; Warsaw, Poland, October 2016.
17. Klimowicz A.: Aggression and the childbirth – planning intervention using Dynamic Maturational Model of Attachment and Adaptation (DMM) – in "Psychotherapists' Perspective on Aggression' Ed by B. Piasecka, WUJ, Krakow 2017.
18. Klimowicz A., Anderson M.: 'An overview of perinatal mental health conditions' in: Midwifery Essentials: 'Perinatal Mental Health' - Ed.: M. Anderson; Elsevier 2022.
19. Klimowicz A., Anderson M.: 'Pharmacological interventions in perinatal mental health' in: Midwifery Essentials: 'Perinatal Mental Health' - Ed.: M. Anderson; Elsevier 2022.

Agnieszka Klimowicz

September 2023