

CHIREAL SHALLOW

REGISTERED CONSULTANT PSYCHOLOGIST

DIRECTOR OF CLINICAL SERVICES UK (AMH & CYP)

Bsc MSc PGDip GMBPsS

CONTACT



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PROFILE

Consultant Psychologist Chireal Shallow comes with over 25 years' worth of clinical and expert witness experience. She is well regarded and highly sought after, hard working, dedicated and committed to producing quality assessments and reports in a timely manner. She is called upon to work in courts across the UK

I have contributed to well over **1200** independent court assessment reports over the years of practice. These reports have covered the following areas:

- PRIVATE AND PUBLIC LAW
- ASSESSMENTS OF CHILDREN AND ADULTS
- FITNESS TO PLEAD/CAPACITY
- FULL PSYCHOLOGICAL ASSESSMENTS
- COGNITIVE / IQ ASSESSMENTS

SKILLS

Asperger's (Diagnosis)
Addiction
Anxiety
Antisocial Behaviour
Attachment
Capacity
Cognitive Behavioural Therapy
Depression
Domestic Violence
Drug/Alcohol/Substance Misuse
Eating Disorder
Mood Disorder
Munchausen
Neglect
OCD
Parental Alienation
Personality Disorders
PTSD
Sexual Harassment
Self Harm
Sex Offenders
Sexual Abuse Victims
Suicidal Ideation
Trauma

EXPERIENCE

Specialisms

I specialise in conducting independent assessments and writing comprehensive reports for a variety of court systems, including civil, family, and criminal courts. With extensive experience, I have worked with victims, defendants, parents, children, and families across numerous cases. My expertise encompasses family and criminal cases, as well as civil cases involving personal injury and human rights breaches. I frequently assess children, adults, and entire families, preparing detailed reports on capacity, cognitive abilities, and other relevant factors. These reports are utilised in private, criminal, and local authority care proceedings, as well as in civil litigation, highlighting my role as an expert witness and my ability to provide essential insights for legal decision-making.

Types of Cases

Medico legal reports

Capacity assessments

Personal Injury

Personality assessments

Forensic risk assessments

Cognitive assessments

Mental health

Global Family assessments

EDUCATION

QUALIFICATIONS

Forensic MSc 2001 - 2002 University of Surrey, UK

Psychology BSc - 1995–1998 University of East London, UK

FURTHER PROFESSIONAL DEVELOPMENT

CBT Postgraduate Diploma 2009– 2010 Royal Holloway UCL, UK

DBT training 2010

PROFESSIONAL MEMBERSHIPS

HCPC Membership Number PYL24377

BPS 40168

BABCP (Full accreditation)

RESEARCH, PUBLICATIONS & PRESENTATIONS

2002 Forensic update for BPS forensic division

Analysing the personal and professional dialect when working with sex offenders.

CHRONOLOGICAL WORK HISTORY

2016–Present Expert Witness Nationwide

Consultant Psychologist: Expert Witness

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Domestic violence

Substance misuse and addiction

Trauma

Abuse

Neglect

Sleep and Behavioural difficulties

Work History

Continued

2019- current CPSS Consultancy Service LTD

Clinical Director

2015– 2019 Partnerships in Care/Priory Healthcare

Consultant Psychologist: Head of Psychology/Psychology Lead

Managing two psychology Inpatient/Rehab service departments at The Dene and Pelham Wood

2004– 2023 NNSC Sleep Clinic (Private Company)

Owner and Founder /Director of Company

2012– 2015 Surrey Borders and Partnership NHS Surrey, UK

Principal Psychologist: Clinical Service Lead/ DBT Psychotherapist (Band 8b)

CBT, DBT

Client group: Borderline Personality Disorder

2011– 2012 SLAM NHS Foundation Trust, London, UK

Senior Practitioner Psychologist/CBT Psychotherapist (Band 8a)

CBT, FAP, DBT, Compassion Focussed therapy

2009– 2011 South West London and St George’s NHS Trust, London, UK

High Specialist Practitioner Psychologist/CBT Psychotherapist (Band 7)

CBT

Client groups: Depression and Anxiety

2008– 2009 NELFT NHS London, UK

Highly Specialist Practitioner Psychologist (Band 7)

CBT, DBT

Client group: Borderline Personality Disorder

2003– 2008 HM Prison Service, Kent, Sussex

Forensic Psychologist

CBT

Client Group: Severe Personality Disorder, Violent Offenders, Sexual Offenders

1998– 2003 National Probation Service, London, UK

Forensic Psychologist

CBT

Client group: Low to medium risk offenders

OTHER RELEVANT INFORMATION

I have full enhanced DBS clearance

I hold personal professional indemnity insurance

I am based in Kent/London and am able to travel and work remote