

Curriculum Vitae

Mr Ashish Gupta

Consultant General & Colorectal Surgeon

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Professional Qualifications

FRCS Ed	May 2012	Intercollegiate Specialty Board, UK
MD (Research)	Mar 2011	University College London
MRCS	Jun 2004	Royal College of Surgeons, Edinburgh
DNB (Gen Surg)	Jun 2001	National Board of Examinations, New Delhi, India
MS (Gen Surg)	Apr 2001	MS University, Baroda, Gujarat, India
MBBS	Dec 1998	Gorakhpur University, India

Medicolegal Work

I am in full time employment in the NHS with a busy clinical practice. Hence, I only take limited and selective medicolegal work, where I feel I can help the Court with my unbiased and independent opinion.

1. I on an average write approximately 8-10 reports in a year.
2. First report was completed in 2016
3. I have prepared reports for liability, causation, condition and prognosis
4. I have not attended the Court for medicolegal cases, but I have attended Coroner's court on two occasions as an expert witness, on request of the Coroner.
5. My Claimant: Defendant ratio is approximately 50:50

I have done the following courses.

Cardiff University Bond Solon Expert Witness Certificate - 2021
Bond Solon: Excellence in Evidence Writing: London, June 2016
Bond Solon: Court Room Skills – May 2019
Bond Solon: Cross Examination Day – June 2020
Bond Solon: Civil Law and Procedure Rules – July 2020
Meeting Your Opponent – A guide for Expert Witnesses, MBL, May 2019
Legal Update for Expert Witnesses – online course –April 2019
Bond Solon Annual Conference – Nov 2019

Present Position

2014 onwards

Consultant General & Colorectal Surgeon
Epsom & St Helier Hospital, Surrey, UK
Departmental lead for Colorectal Cancer

Private work: Ashtead Hospital & Spire St Anthony Hospital

Career History

Oct 2013 – Oct 2014

Fellow: Colorectal Surgery and Peritoneal Malignancy

Nov 2007 – Oct 2013	Basingstoke Hospital Senior Registrar: South West Thames, London Deanery General & Colorectal Surgery, Upper GI Surgery, Breast Surgery, Vascular Surgery
Sep 2002 – Oct 2007	SHO : Royal Bournemouth Hospital, Bournemouth, Royal Free Hospital, Good Hope Hospital, Sutton Coldfield
April 1998-Aug 2002	Resident General Surgery – Baroda, Gujarat, India

Clinical Skills and Experience

Open Colorectal

I have performed a spectrum of operations with excellent outcomes ranging from segmental colonic resections to complex cyto-reductive surgery and intra-operative chemotherapy. Peritoneal malignancy work has given me an exposure to deal with the unexpected in an emergency situation.

Laparoscopic Colorectal

My default approach in colorectal resections is laparoscopic unless there are patient or disease related factors to necessitate an open resection. Approximately 60-65% resections I perform are completed laparoscopically. I have also adopted laparoscopy as a valuable tool in emergency setting when possible.

Proctology

I have a preference to perform minimally invasive procedures in haemorrhoid treatment wherever possible. I am adept at using HALO (and RAR) and RAFAELO techniques for haemorrhoids. I have also been using cleft closure technique for complex and recurrent pilonidal disease with reasonable success.

Emergency Surgery

I remain consultant on call in a 1:10 rota. Usual emergencies dealt with are laparotomies for bowel obstruction, viscus perforation, and rarely trauma when splenectomy can be required.

Colonoscopy

I am fully JAG accredited for colonoscopy. I perform 1.5 lists every week and usually have a trainee to teach colonoscopy skills. My completion rate is > 90%.

Award

ASIT 2013 clinical and academic travelling bursary for trip to Malawi as a clinical teacher for LAST (Links with African Surgical Training)

Recent Clinical Developmental Courses

Aug 2022	LASER treatment in proctology, Bournemouth.
Nov 2021	ESD (Endoscopic Submucosal Dissection) workshop – Kings College Hospital, London
Nov 2021	Training the Trainer online course
May 2019	Court Room Skills – Bond Solon, London
Mar 2017	Fistula in Ano Conference, ICENI, Colchester

Jun 2016	Bond Solon: Excellence in evidence writing
Nov 2015	TAMIS and TaTME course, Amersfoort, Netherlands
Sep 2014	TEO (Transanal Endoscopic Operation) Course. WIMAT, Cardiff
Nov 2013	Early Rectal Cancer Course, The Pelican Centre, Basingstoke
Nov 2013	Clinical Management Course, Keele University, Keele
Oct 2013	Peritoneal Malignancy Workshop, Basingstoke Hospital
Jun 2013	DECT (Developing Excellence in Clinical Teaching), Croydon
Mar 2013	ATLS, Royal College of Surgeons, Ashford Hospital
Feb 2013	LIGHT course (Laparoscopic Incisional and Groin Hernia Training)
Feb 2013	JAG accreditation for colonoscopy

Research

Aug 2005 –Sep 2007 – **MD (res) awarded from University College London**

Thesis Topic: ‘Preparation and Characterisation of Nanocomposite Polysesquioxane Scaffolds for Tissue Engineering of Small Intestine’

Research Centre: Academic Division of Surgical and Interventional Sciences, Royal Free Hospital, Hampstead, London

Role: My role as a research fellow was to design the study, conduct experiments, publish data in peer reviewed journals, and present them at national and international conferences.

Description/Outcome: After successful applications in Vascular Tissue Engineering using the biopolymer made by our lab, this project involved incorporating similar nanocomposite biopolymer to make porous scaffolds suitable for small intestinal tissue engineering. The main techniques employed in this project to make porous scaffolds were particulate leaching and electrohydrodynamic atomisation. I was successfully able to employ electrohydrodynamic atomisation as a novel technique in printing scaffolds. The work was successfully published and presented in European Society of Biomaterials. I was successful in publishing three original articles and a national and international presentation from my research work. In the years to come, our laboratory aims to incorporate the scaffolds, made during this project, for cell culture using stem cells.

Publications

Acute Diverticulitis: Are We Following National & International Guidance On Antimicrobial Strategy For Uncomplicated Cases? Nikheel Patel, Emmanuel Oladeji, Parisha Bains, Nigel Day, Ashish Gupta *British Journal of Surgery*, Volume 109, Issue Supplement_5, August 2022, znac248.096, <https://doi.org/10.1093/bjs/znac248.096> Published: 09 August 2022

Thiyagarajan U, Gupta A, ‘An unusual case of resistant hypokalaemia in a patient with large bowel obstruction secondary to neuroendocrine carcinoma of prostate’ – Case reports in surgery, Vol2017,Article ID 2394365. <https://doi.org/10.1155/2017/2394365>

Farkas N, Black J, Gupta A, ‘Urinary retention secondary to acute vasculitic penile swelling in a paediatric patient’ – *Clin Case Rep*, 2016 Jan 22;4(3):258-60

Alfa-Wali M, Toomey P, Gupta A, ‘Treatment of Uncomplicated Acute Appendicitis’ – Comment, *JAMA* 2015 Oct 6;314(13):1402-3

Farkas N, Solanki K, Frampton AE, Black J, Gupta A, West NJ, ‘Are we following an algorithm for managing chronic anal fissure? A completed audit cycle’. *Ann Med Surg (Lond)*. 2015 Nov 25;5:38-44

A. Gupta, S.Dayal, B.Moran. ‘Anatomy, embryology, technique and outcomes of TME’ – invited chapter in Book 2015: Comprehensive Rectal Cancer Care by Pertinax Publishing, edited by Mary Kwaan

M.Chand, A. Gupta, P. Tekkis, A Mirnezami, T. Qureshi, ‘Systematic review of emergent laparoscopic colorectal surgery for benign and malignant disease’ – *World J Gastroenterology*. 2014 Dec 7;20(45):16956-63

A. Gupta, D. Vara, G. Punshon, K. Sales, M. Winslet, A. Seifalian, ‘In vitro small intestinal epithelial cell growth on a nanocomposite polycaprolactone scaffold’ *Biotechnology and Applied Biochemistry*(2009) 54, 221-229.

A. Gupta, A. Dixit, K. Sales, M. Winslet, A. Seifalian, Review: ‘Tissue Engineering of Small Intestine - Current Status’ *Biomacromolecules*, Vol.7, No.10, 2006: 2701-2709.

A. Gupta, Z. Ahmad, A. Seifalian, M. Edirisinghe, M. Winslet, ‘Novel Electrohydrodynamic Printing of Nanocomposite Biopolymer Scaffolds’, *Journal of Bioactive and Compatible Polymers*, Vol.22, May 2007;265-280

A. Gupta, M. Winslet, ‘Tortuous Common Carotid Artery as a cause of Dysphagia’, case report in *Journal of the Royal Society of Medicine* 2005 98: 275-276.

A. Gupta, R. Dionello, M. Winslet, P. Tadrous, ‘Benign Papillary Mesothelioma of Peritoneum in association with Gastric Adenocarcinoma’, case report: *New Zealand Medical Journal*, January 2007, Vol 20, No.1248.

N. Kulkarni, G. Dadyal, S. Yeluri, A. Kapoor, A. Gupta, ‘Chilaiditi’s Syndrome’, *New Zealand Medical Journal*, September 2004, 24;117(1202): U1092.

Presentations

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| Aug 2021 | Diverticular disease – management and prognosis |
| Aug 2016 | Poster presentation on “Appendicular mass management”
Surgical Symposium, UK |
| Jun 2015 | Oral presentation on “Update on Bowel Cancer”
St Helier Hospital - GP Lecture |
| Jun 2014 | Oral presentation at Association of Coloproctology of Great Britain & Ireland (ACPGBI) Tripartite colorectal meeting, Birmingham, UK
‘Tumour grade and complete tumour removal affects survival after cytoreductive surgery and HIPEC for pseudomyxoma peritonei of appendiceal origin’:
<u>A.Gupta</u> , K.Chandrakumaran, F.Mohamed, T.Cecil, B.Moran |
| Jun 2014 | Poster presentation at ACPGBI, Birmingham, UK
Magnetic resonance defaecatory proctogram for investigation of obstructive defaecatory syndrome (ODS) – our experience at a district general hospital
<u>A.Gupta</u> , A.Gordon-Dixon, C.Phillips, A.Venkatasubramaniam |
| May 2014 | Poster presentation at American Society of Colorectal Surgeons (ASCRS), Florida, USA
Short term outcome of laparoscopic ventral mesh rectopexy and sacrocolpopexy using two meshes.
<u>A.Gupta</u> , C.Phillips, A.Venkatasubramaniam |
| Mar 2014 | Oral and poster presentation at UKCS (UK Continence Society), London
‘Do we need a multidisciplinary approach to pelvic floor prolapse?’
<u>A.Gupta</u> , J.Horton, C.Phillips, A.Venkatasubramaniam |
| Feb 2014 | Oral case presentation (MR defaecatory proctogram): |

Uro-Gynaecology Masterclass, Pelican Centre, Basingstoke
A.Gupta, C.Phillips, A. Venkatasubramaniam
Mar 2013 'How to pass FRCS'
Oral presentation as an invited speaker at M25 Course
Pelican Centre, Basingstoke

Clinical Audit/ Quality Improvement

Jan 2017 Set up service - 'Virtual Clinics'
Feb 2016 Unnecessary post operative blood tests
A quality improvement project, Epsom & St Helier Hospital
Mar 2015 Algorithm of managing Fissure in Ano – A completed Audit
Epsom & St Helier Hospital
Mar 2014 'Do we need a multidisciplinary approach to pelvic floor prolapse?'
Basingstoke Hospital
Feb 2014 Developed an algorithm for diagnosis and treatment for ODS
A Gupta, A Venkatasubramaniam, Basingstoke Hospital, Hampshire
May 2013 'Extended DVT prophylaxis in colorectal cancer resections'.
Completed Audit cycle, Croydon University Hospital
April 2009 'Number of normal OGD's are on the rise: Are we following NICE
guidelines to investigate dyspepsia – an audit', St Helier Hospital, Surrey
Oct 2008 'Inappropriate use of plain Abdominal X-Ray in acute appendicitis'
East Surrey Hospital, Redhill, Surrey

Leadership and Management

Present roles:

Lead for lower GI Cancer
Lead for sepsis in surgical department
Surgical representative for MAIP project (Management of Acutely Ill patients)
Departmental Lead for clinical audit – 2015-2017
Faculty for CRISIS course in Trust

Courses attended:

- '**Promoting Clinical Governance through Effective Management**' at the Royal Free Hospital, UCL, London
- '**Clinical management Course for surgical specialities**' at Keele University, Keele, Nov 2013

Management courses included lectures and workshops in Time Management and Managing Meetings, Marketing Principles, Finance and Budget Management, Leadership and Teams, and Negotiating Skills. This training has helped me to identify my weaknesses and deal with my colleagues within the surgical department more tactfully. I have learned to be more diplomatic, persistent and assertive. I have used time management and leadership techniques to manage my surgical firm more effectively.

Teaching

Teaching Courses

Teaching TIPS for Teachers 1, 2, & 3

- Teaching TIPS for Communication Skills

- DECT (equivalent to **Training the Trainers** course) – Developing excellence in clinical teaching

Educational And Clinical Supervisor to Surgical Core trainees and registrars
Question Writer for PLAB part 1 in the GMC.

Member of LAST (Links with African Surgical Training)

Trip to Malawi in 2013 to teach basic surgical skills to their clinical officers.

Other teaching experience:

- Discourse Teaching to medical students
- Teaching during operative theatres and on-call shifts using Kolb's learning cycle (comprising of planning, experimentation, action and reflection)
- Teaching clinical skills to medical students, House Officers and SHOs (such as suturing and surgical knot-tying, using the ATLS model for skills training)
- Teaching clinical reasoning by improving students' pattern recognition techniques
- Teaching large groups of overseas medical graduates preparing for PLAB examinations (OSCEs) in the form of lectures and clinical skills training
- Faculty in Basic Surgical Skills Course at Kingston Hospital and Royal Surrey County Hospital