

# Résumé

## SUMMARY

Highly experienced Chartered Consultant Clinical Neuropsychologist<sup>1</sup>; has very much enjoyed the range, content and demands of her current clinical posts and welcomes the possibility of further extending the reach of her experience in a way which will enhance her contribution to the clinical, managerial, legal and consultancy fields. Her first book titled '**Me Before/Me After: A Group Rehabilitation Programme for Brain Injury Survivors**' was published in July 2017. Her second book titled '**Brain Injury Rehabilitation for the Real World: Planning Service to Deliver Gain**' will be published in the next 02 years.

## SERVICE SPECIALITIES

### □ **Clinical:**

- Building, developing, and leading Clinical Neuropsychological Trans-Disciplinary Teams
- Consultancy in Neuropsychology Service set-up, development and management
- Approaches to and interventions in PTSD

### □ **Training & development**

- Development of competence in the application of clinical method and technology
- Enhancing personal and professional effectiveness
- Enhancing practice effectiveness
- Supervising clinical teams and clinical neuropsychologists

### □ **Managerial**

- Setting up, developing and managing Clinical Services
- Setting up convening, leading and facilitating inter- and multi-disciplinary teams
- Client/account management
- Development and management of cross-boundary interfaces

### □ **Consultancy**

- **Service design, development and implementation** from admission to discharge incorporating phasing, time-lining, goal-setting and progress reviews
- **Developing enabling and inclusive organisation cultures** to achieve ownership, involvement and initiative throughout all organisation members
- **Work Stress Reduction** through the identification of occupational stressors and the design and implementation of targeted stress reduction solutions

### □ **Psycho-legal**

- Conducting (neuro)psychological assessments and investigations and preparing reports for submission to Court in a variety of cases including acquired brain injury, parenting capacity and Post Traumatic Stress Disorder
- Acting as Expert Witness in above cases
- Building and leading legally appointed Treating Teams

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<sup>1</sup> Speaks French, Greek, Turkish, Italian; NHS banding = 09

# EMPLOYMENT

## 1992 - To date

### Accent on Psychological Therapies in The Community

#### Proprietor and Principal Consultant<sup>2</sup>

- increase effectiveness in the mastery of life change in
  - Acquired Brain Injury
  - Anxiety, Depression, OCD and other conditions
  - Clinical Strategies Consultancy
- innovate, develop and manage service portfolio; ensure high quality and profitable project design and delivery
- develop and manage client base and associate network

#### Referring organisations include<sup>3</sup>

Psycho-legal Experts	Corpore	Holmes & Hills	MEWA
Moving Minds	Crawford Health Care	Wilson & co Solicitors	CBT Clinics
HCML	CML	Medicess	Horton Towers
Bindman & Partners Solicitors	Fennemores Solicitors	Validium	Carter Brown
Irwin Mitchell Solicitors	Portner & Jaskell Solicitors	Faradays Solicitors	Speed Medical
Robert Gray & Co Solicitors	Vahib & Co Solicitors	Independent Living Solutions	Moving Minds
Mander Hadley Solicitors	Burton & Co Solicitors	Furley Page	Lime Trees
Hopkin Murray Beskine	Weightmans, Solicitors	Mind professionals	CICA MDG

## 2017 June - September

**Defence Medical Rehabilitation Centre Headley Court: Consultant Clinical Neuropsychologist and Supervisor for Clinical Neuropsychology Services – Developing Clinical Neuropsychology Service**

## 2015 – OCTOBER 2016:

**Norfolk Community Health and Care NHS Trust: Consultant Clinical Neuropsychologist and Team Lead: Suffolk Stroke Early Supported Discharge Team**

<sup>2</sup> See web-site: [www.accentpsychology.co.uk](http://www.accentpsychology.co.uk)

<sup>3</sup> This is not an exhaustive list

## **2013 – 2015**

### **Askham Care: Consultant Clinical Neuropsychologist and Clinical Team Lead**

1. Initiate, set up and develop neurorehabilitation services for clients with brain injury and neurological diseases
2. Propose and set up the necessary infra-structure that will support service delivery and progress evaluation, including clinical review meetings, external review meetings and clinical governance meetings
3. Lead the Clinical team in the delivery of result-oriented clinical services to service users
4. Conduct multidisciplinary progress evaluations

## **2013 – 2015**

### **Headway – Colchester: Consultant Clinical Neuropsychologist**

Propose, design and deliver a Clinical Neuropsychology-driven Post ABI Life-Adjustment Service

## **2008 – 2013**

### **Elm Park Brain Injury Services: Consultant Clinical Neuropsychologist;**

- systematic provision of Neuropsychology services to Elm Park and its supported living units
- Design, delivery, evaluation and management of assessment driven and time-lined treatment, and rehabilitation programmes to Patients with severe acquired brain injury, including their families
- Design, implementation and evaluation of Service Provision stages and time-lines
- Develop, Manage and Supervise the Psychology Department
- Lead the Multi-disciplinary team in the design, delivery and evaluation of treatment and rehabilitation programmes
- Advise and Train the Multidisciplinary Team in clinical issues and innovations
- Unit Clinical Lead for Clinical Governance
- Chair Clinical Meetings (Clinical Reviews, Care Programme Approach Meetings, Discharge meetings and others)
- Advise and contribute to the overall training strategy of the Unit
- Innovate in treatment and rehabilitation best practice
- Develop and share Best Clinical Practice
- Continuing professional development, supervision and support of Neuropsychologists

## **2002 - 2008:**

### **South-West London and St Georges NHS Mental Health Trust: Consultant Clinical Psychologist and Deputy Team Co-ordinator for Psychological Therapies in Primary Care**

- facilitating effective working of the Primary Care Psychologist Team, ensuring that we meet the standards of excellence demanded of the Trust, of the PCT, of individual surgeries, their clients, and other relevant stakeholders by
  - establishing and sharing best practice

- achieving clinical targets and goals
- developing, advising and supporting the team
- developing the service through audit & liaison with surgeries and other stakeholders
- building an open and enabling culture
- developing and managing the graduate recruitment initiative [IAPT]

## **1987 - 1994**

### **Visiting Consultant Neuropsychologist and Consultant Psychologist**

- Bowden House Clinic
- Charter Clinic Chelsea
- Harrow Health Centre
- Private Practice Referrals

## **1982-1989:**

### **Hounslow Spelthorne HA West Middlesex University Hospital: District Consultant Psychologist and Director of Clinical Psychology Services**

- Service provision and development to the District, to general medical specialities to multidisciplinary professionals, agencies and individuals
- Set up:
  - nation-wide Neuropsychology Assessment Service
  - first Primary Health Care Clinical Psychology Service in the UK
  - District-wide careers counselling, planning and management
- first NHS Psychology Department in England who provided services to Child Guidance Clinics
- awarded Specialist Training Status for Neuropsychological Assessment and Rehabilitation
- Lectured at London Medical School, Charing Cross Hospital

## **1978-1982:**

### **West Middlesex University Hospital: Principal Psychologist**

Proposed, set up, developed and managed a teaching Department of Clinical Psychology

## **1972 - 1978:**

### **Kingston General Hospital : Senior Clinical Psychologist**

First Clinical Psychologist in the UK working with Gen. Medical Specialities

## **1969 - 1972:**

Long Grove Hospital : Senior Clinical Psychologist

## **1967 - 1969:**

Hospital for Nervous and Mental Diseases: Basic Grade Clinical Psychologist

## FORMAL EDUCATION

1966-1969	<b>Institute Of Psychiatry, London University</b> M Phil in Clinical Psychology
1963-1966	<b>University of Durham</b> BA hon. in Psychology
1957-1963	<b>American Academy for Girls,</b> Istanbul

## FURTHER TRAINING AND ACCREDITATIONS<sup>4</sup>

### 2009

#### **The Huntercombe Group**

The challenges for Complex Neuro-Rehabilitation for 2010 and beyond: How do we meet the challenges of the NSF for Long Term Conditions

### 2007

#### **South West London & St Georges Mental Health NHS Trust**

Development Review for Reviewers

#### **South West London & St Georges Mental Health NHS Trust With University of Surrey**

Making Connections – Creating Effective Placements in a Time of Change

### 2006

#### **Partnerships in Care**

Developments in Mental Health Law

#### **Brain Tree Training**

Cognitive Rehabilitation Training

### 2005

#### **Partnerships in Care**

Innovation and Implementation of Clinical Governance across Partnerships in Care

Health and Safety Conference

#### **South West London & St George's:**

Dementia in Younger People

Qualitative Research in Clinical Practice

#### **TMS International**

Values and Culture at Work

### 2004

- i. **TMS Development International**
- ii. Values at Work Questionnaire - ( Accredited)
- iii. **Partnerships in Care**
- iv. Health & Safety at Work
- v. **South West London & St George's Mental Health NHS Trust**
- vi. Qualitative Research Methods
- vii. **Queen Mary's University Hospital, Roehampton**  
Clinical Management of Suicide  
The Frontal Dysexecutive Syndrome
- viii. **South West London & St George's Mental Health NHS Trust**

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<sup>4</sup> Not an exhaustive list

- ix. Assessment and Management of Clinical Risk (Designed and delivered )
- x. **South West London & St George's Mental Health NHS Trust**
- xi. Preparing for and Conducting Appraisal (Designed and delivered )

## 2003

- i. **BIRU & Partnerships In Care**
- ii. Recent advances in the assessment and rehabilitation of people with ABI
- iii. **The Sainsbury Centre for Mental Health**
- iv. The 6th Annual Primary Care Mental health Conference
- v. **Cognitive Therapy Centre of New York, @ South West London & St George's Mental Health NHS Trust: Schema Therapy: 2-Day Workshop**  
**Counsellors & Psychotherapists in Primary Care:** Training Day in time-limited psychotherapy

## 1998 - 2001

### Psychology Services

PTSD: cognitive approach to treatment

RWY Associates

- i. Project Management
- ii. Financial Management

## 1996

- i. **PACE Consultants**  
Presentation skills
- ii. **British Psychological Society**
  - a. Practising Certificate
  - b. Statement of competence in Occupational testing
- i. **TMS UK Ltd Accredited Network member**
  - 1994 Team Performance Systems
  - 1992 Communication/problem solving systems
  - 1992 Linking Skills
  - 1992 Advanced Accreditation TMS Systems
  - 1990 Psycho-verbal Communication

## 1988 - 1991

**Oxford Psychologists Press** : Expanded MBTI

**Henley Management College** : Certificate in Human Resource Management

## 1986

- i. **Association of Medical Hypnosis**  
Advanced Hypnotherapy
- ii. **Manchester University**  
Management skills in the NHS
- iii. **Brunel University**
  - (1) Multi-Disciplinary Team Management
  - (2) Organising Psychology Services

## 1972-75

### British Ass Psychotherapists

Psychodynamic Psychotherapy & Personal Analysis

## **1970-72**

Institute of Group Analysis : Group Dynamics & Analysis

## **1975**

Association of Family Therapists: Founder member

## **PUBLICATIONS AND PRESENTATIONS<sup>5</sup>**

- 2018: **Brain Injury Rehabilitation for the Real World: Planning Service to Deliver Gain** ( June 2018)
- 2017: **Me Before /Me after: A Group Rehabilitation Programme for Brain Injury Survivors** (July 2017)
- 2014 **Laura: Acquired brain injury – the neuropsychological/multi-disciplinary perspective.”**  
Case Presentation - Laura: paper given at East of England Brain Injury Forum
- 2013: **Cognitive Behaviour Therapy in Anxiety and Depression: Why and how does it work?**  
Paper/Workshop presented at Colchester General Practitioners' Training Event
- 2012 **Application of CBT to Acquired Brain Injury Survivors** Liverpool University Acquired Brain Injury Conference
- 2010 **Connecting with the Person Behind the Injury** Partnerships in Care Brain Injury Services Conference
- 2009 **Family Matters in Acquired Brain Injury:** Brain Waves, Spring Issue; Journal of Partnerships in Care Brain Injury Services
- 2008 **Working with Depression in Primary care: The stepped Care Model; PTiPC; SWLStG's**
- 2007 **Working with the Elderly in Primary care PTiPC; SWLStG's**
- 2006 **Working with Personality Disorder in Primary care PTiPC; SWLStG's**
- 2005 **Integrating Clinical Governance at Elm Park Brain Injury Services**  
paper given at Clinical Governance conference at Partnerships in Care
- The Fruits Of Our Clinical Governance Strategy: Our Achievements This Year'** paper given at Unit Presentation, Elm Park
- Unit Quality Report:**  
Presentation to corporate headquarters
- Neuropsychology Services For Outreach At Elm Park'**  
Paper Presented At Eastern Region Acquired Brain Injury Forum, Cambridge
- Engaging Cognitions in a Behaviour Modification Setting:**  
paper prepared and read at journal club, Elm Park
- Cognitive Retraining, Cognitive Re-Orientation and Activities of Daily Life: Transdisciplinary Rehabilitation Strategy for Survivors of Acquired Brain Injury'**  
prepared and presented to solicitors
- 1998 **Using Critical Performance Demands to fill a key post: Hoechst**  
**Marion Roussel** Competency, Vol 5 No 3

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<sup>5</sup> Not an exhaustive list

- 1996 **Definition of critical performance demands: a new approach to competency** Competency, Vol 4, No 6
- 1995 **Why the best salesperson is not the best sales manager**  
Journal of Managerial Psychology, Vol 10, No. 4
- 1992 **Making decisions on people in business: method and measurement**  
Journal of Managerial Psychology, Vol 6 No 3
- 1991 **The single psychological test (or test system): measuring for hope**  
Journal of managerial Psychology, Vol 6, No 2
- 1989 **When is an illness organic? Focusing the mind**  
Paper given at Seminar of Charter Clinic Chelsea
- 1986 **Abstracting Ability in the Frontal Lobe Syndrome and in Schizophrenic Thought Disorder: how does the loss compare?**  
Paper given at teaching Seminar of West Middlesex University Hospital
- 1982 **Why Oedipus?**  
New Forum; Psychology & Psychotherapy Association
- 1981 **Truth in Psychotherapy**  
New Forum; Psychology & Psychotherapy Association
- 1979 **Getting the Message: a Study in Communication;**  
New Forum; Psychology & Psychotherapy Association

## PROFESSIONAL MEMBERSHIPS

- British Psychological Society: Associate Fellow
- Health and Care Professions Council Registered member
- Institute of Directors Associate
- International Association of Applied Psychology Associate
- Association of Business Psychologists Principal Founding
- UK Acquired Brain Injury Forum Member
- Eastern England Brain Injury Forum Member

