

CURRICULUM VITAE

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Personal Skills:

- Confident in communicating with people
- Determined and effective under pressure
- Good management skills
- Good organization skills

Qualifications:

- Passed the CUBS course on expert witness training. Training consisted of the following: Cross Examination, Excellence in Report Writing, Civil Law & Procedure & Courtroom Skills (2022)
- Attended a one-day course with the Academy of Experts entitled 'Into Court' (2017)
- 2-day foundation course with The Academy of Experts (2012)
- Institute of Trichologists seminar 'Introduction to Expert Witness Work' (2009)
- Completed a two-year mentorship programme within the Institute of Trichologists to become a full member (MIT – 2005)
- Completed 3-year distance learning course with the Institute of Trichologists, London (2003)
- NVQ level 3 in hairdressing, Peterborough Regional College (1997)
- City and Guilds in hairdressing, Peterborough Regional College (1983)

International Conferences:

- European Hair Research Society conference in Genoa, Italy (2008)
- World Congress for Hair Research in Kyoto, Japan (2017)
- The Polish Trichological Society in Poland and I was invited as a guest speaker (2019)
- International Association of Trichologists Annual Conference via webinar (2020)

Mini Symposiums:

- European Hair Research Society Virtual Symposium: Touch sensation in the human hair follicle; Mapping cell dynamics in the human hair follicle; How to study human hair follicle immunology; principal and practical applications (2023)
- European Hair Research Society Mini Symposium: Mesotherapy for female pattern hair loss, oral minoxidil induced hypertrichosis, Afro textured hair through the ages-grooming practices: why? use of hormonal therapy and its effect on hair loss among transgender patients, the use of micropatting and iontophoresis technique in scalp disease, new and emerging treatments for alopecia areata (2023)

UK Based Conferences:

- European Hair Research Society conference in Edinburgh (2013)
- International Trichology seminar in Manchester (2017)
- International Trichology Conference in Manchester (2018)
- Institute of Trichologists at the Royal Society of Medicine (London 2019)
- European Hair Research Society conference in Sheffield (2023)
- The Institute of Trichologists and the International Association of Trichologists combined 2-day conference at the Royal Society of Medicine (2023)

Nutritional Seminars:

- Nutrition for Trichologists (The Institute of Trichologists 2019)
- Nutrient Focus – Vitamin D - Lambert's Healthcare (2020)
- Polycystic Ovarian Syndrome Webinar – Lambert's Healthcare (2021)
- Skin & Hair Autoimmune Conditions Under the Spotlight – Lamberts Healthcare Ltd (2023)

Psychodermatology Seminars:

Annually from 2012 until 2018. I was invited as a guest speaker in 2013 to talk about Trichotillomania - what is it and can it be treated?

The Institute of Trichologists' Annual Seminars from 2003 to present**Other seminars include:**

- Hormones, Sex & Drugs - based on morphology of hair follicles and hormonal influences, aspects of both hair loss and excessive growth and the modalities of prescription drugs commonly used in dermatology departments.
- Managing Challenging Patient Interactions
- Emerging Hair Products & Processes
- Research & Statistics
- Inflammatory Dermatoses in Skin of Colour
- Greying Hair
- Contraindications of Common Treatments
- Patterns of Hair Loss
- Sharing Best Practices in Emollient Therapy
- Male Pattern Hair Loss, Topical Finasteride, Efficacy, New Protocols, Thoughts and Options.
- Menopause, Hormones, Treatment, Differentials and Oral Minoxidil
- How I Work in My Clinic
- Trichoscopy: Why, When & How Webinar
- Diagnosis & Treatment of Scarring Alopecias Webinar
- Managing the Menopause webinar
- Interpreting Blood Results webinar
- Hair Disorders: evidence-based update meeting by UK Dermatology Trials Network
- The Challenges of Elderly Skin – British Dermatological Nursing Group Webinar
- Actinic Keratosis, Field Cancerisation and SCC *in situ* (Bowens disease) – Biofronta Webinar
- Hair Loss, Stressors and Supportive Nutritional Strategies Webinar
- Common GP Presentations in Skin of Colour

Positions Held:

- Associate Member of the Institute of Trichologists (2003)

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- Co-opted onto the Board of Directors at the Institute of Trichologists (2005)
- Director of Education at the Institute of Trichologists (2015-2021)
- Fellowship of the Institute of Trichologists (2019 to present)

Publications:

- Chief editor of the Institute of Trichologists' bi-annual newsletter for several years
- Numerous articles for the Freelance Hair and Beauty Federation's quarterly magazine
- Evo Barber magazine
- Marie Claire magazine
- Dermatological Nursing Journal – Trichotillomania (2016)
- Co-editor of a book titled (C)Hair Science - Hair Anatomy & Science for Barbers (2020)

Memberships:

- Institute of Trichologists (London)
- European Hair Research Society
- International Trichoscopy Society
- Member of the British Dermatological Nursing Group
- UK Register of Expert Witnesses
- Federation of Small Businesses

Voluntary Work:

St Therasas Day Centre in Peterborough for the homeless and underprivileged for 10 years. I offered haircuts to clients using the day centre

HeadStrong, a national organisation funded by Breast Cancer Care, to advise and support patients undergoing chemotherapy treatment and help them choose appropriate head wear if they do not want to go down the route of wearing wigs. Intensive training was given by Breast Cancer Care in London & Peterborough. I volunteered for 2 years.